



Improve Passing while under pressure

Category: Tactical: Possession

Difficulty: Moderate

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Description

Screen 1

Size of circle can vary by age of players and by the amount of pressure placed on central players.
2v2 in center of grid, when the central players passes to a player on the outside the inside player moves to the outside while the receiving player joins the 2v2 game centrally.

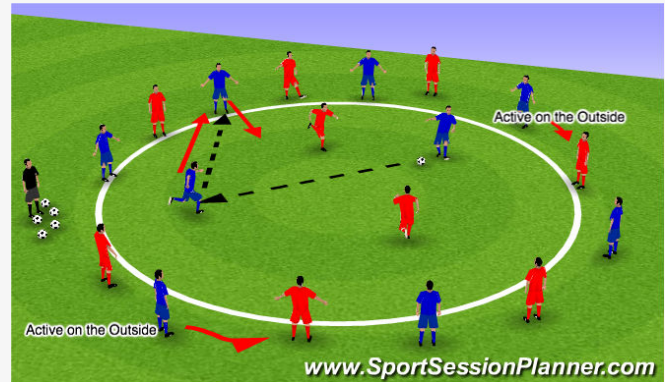
Game in the center of the grid can grow to accommodate many players and or to add pressure. 3v3 , 4v4 and so on,

CPs:

Can be are both side of the ball.

In-Possession - Speed of play, combinations, space awareness shape, transition & communication

Defending - Pressure & Cover, desire to win ball back, communication



Screen 2

3v3 Game,
Center circle of a full size can be used
Combinations
1-2 touch demands
Speed of play
Game awareness
Communication
Flow of session

