



# Ball Mastery, Dribbling /Passing

**Category:** Technical: Dribbling and RWB

**Difficulty:** Difficult

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## Screen 1 (15 mins)

Field layout :

Central grid for player to dribble through, you can add additional cones into center grid

CPS:

- 1) Ball control
- 2) Pace of run
- 3) Vision
- 4) Ability to change direction
- 5) Final pass - quality and weight
  - a) Right foot
  - b) Left foot
  - c) Soul roles
  - d) Added skill move - Scissors, Mathews and so on

