

Topic: **organized attack**

German Training

3 teams of 5 players on a reduced field $\frac{3}{4}$. The Yellow Team attacks the Red Team. If they score, they will attack the White Team in the other goal. If the Red Team gets the ball, they attack the White Team.



Coaching Point

Organise the attack, vary the attack.

Side Attack

A three quarter Field divided into left and right side with four goals. Two teams of 8 players will play, being 4 players in each side. A maximum of 5 passes can be done at each side. The 6th pass has to be to the other side.



Coaching Point

- Vary the attack
- Switch the ball
- Use the width

Full Game

11 v 11. Attacking variations

Cool Down

Stretching