

Topic:

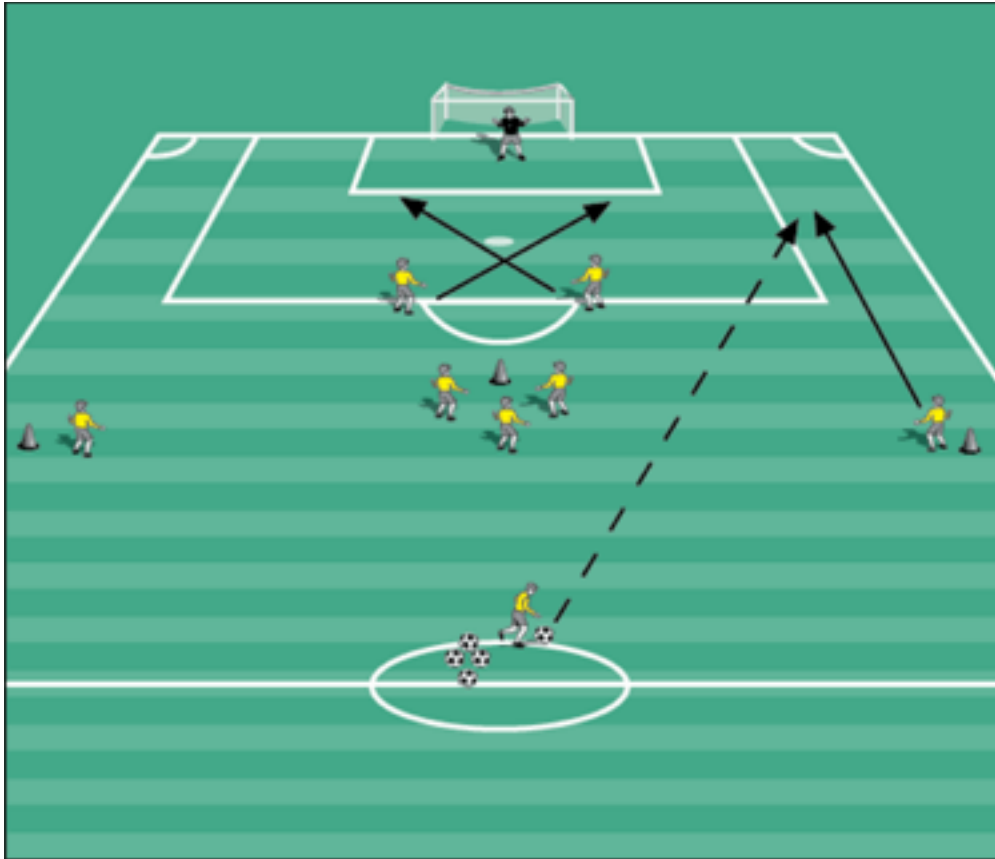
Attacking by the flanks

Linear Cross

Central midfielder will pass the ball to the flank, who goes down the line to cross to 2 attackers.

Development

crosses on the ground and in the air. Insert 2 defenders.

**Coaching Point**

- timing, pace
- height and correction of crosses
- attackers movements

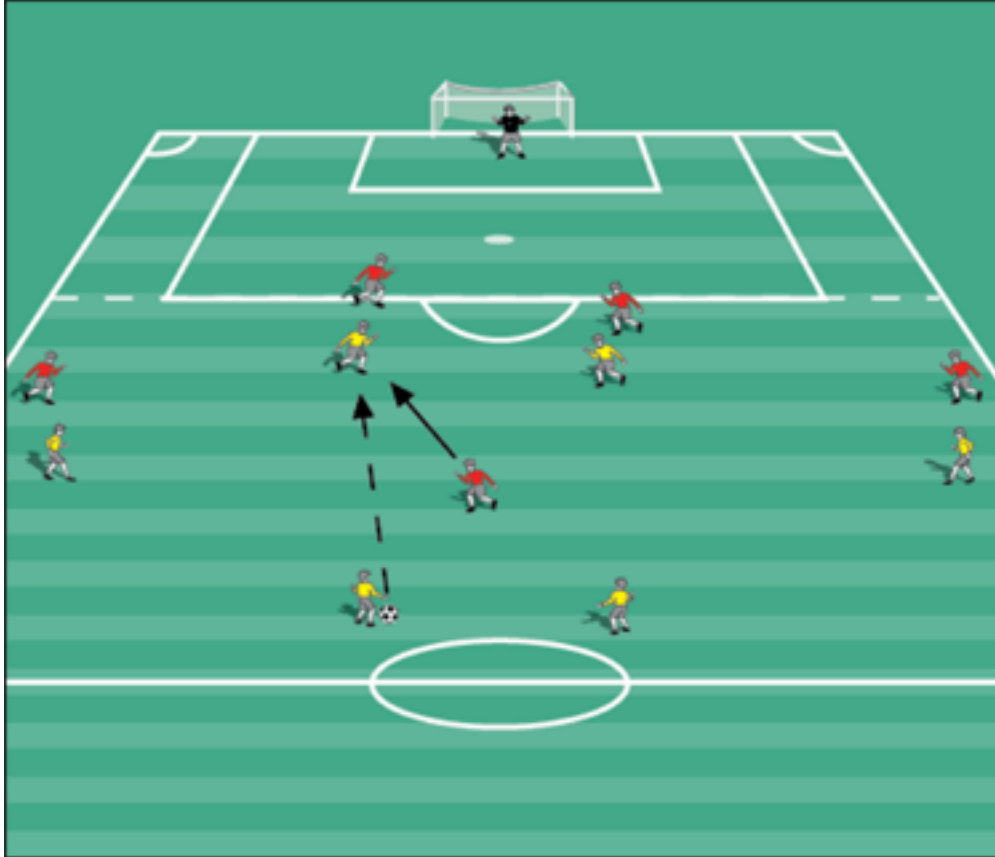
Attack by Crosses - 6 v 5

Game has to be build up in a way that a flank receives the ball or goes into a protected area at the side of the goal area in which he is allowed to prepare and execute the cross with a maximum of 2 touches.

Defenders can not go into this area. Flank goes down the line to cross while 2 attackers and 2 midfielders will position themselves to get the cross.

Development

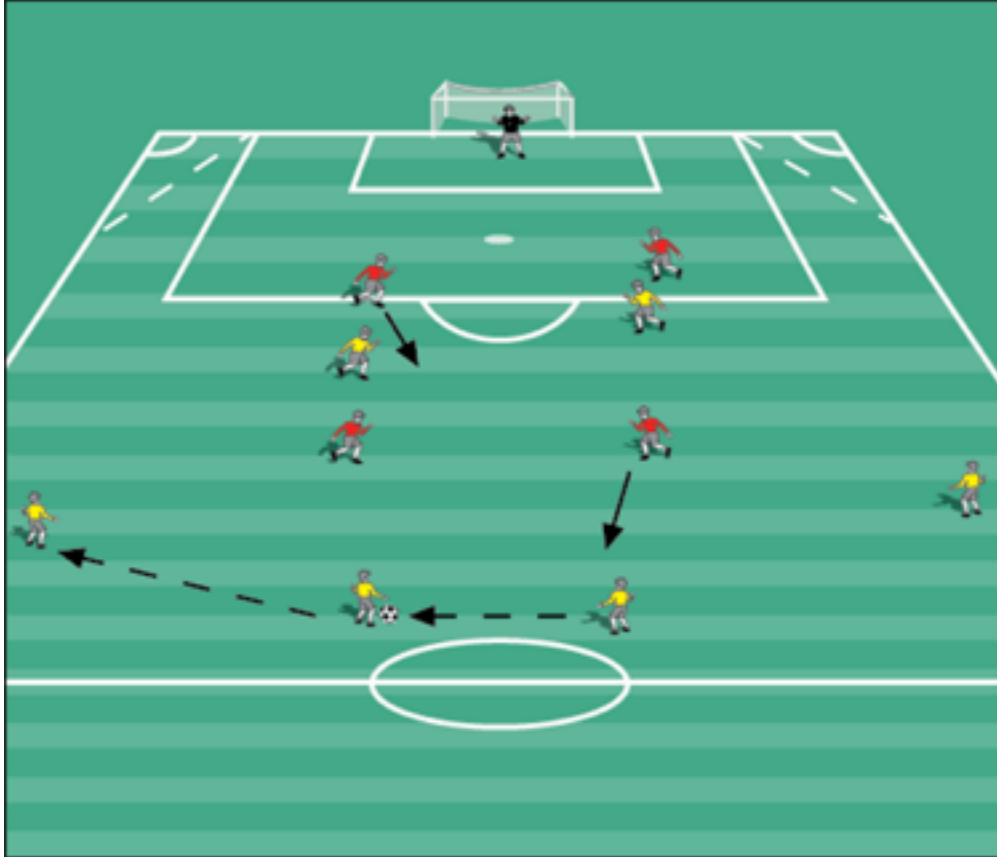
A defender can go into the crossing area.



Coaching Points

- Offensive: positioning inside the area, far post, near post, crosses on the ground, crosses to the edge of the goal area for midfielders, parried ball;
- Defensive: eye on the ball and on the man, anticipation, communication with GK.

Situational cross: 6 v 4 – midfielders will pass the ball to attract defenders shifting the ball from one side to the other. Attackers also drag defenders. As flank gets the ball he has to go to the end area at the corner and cross.



Coaching Points

- Create space for the flank by switching the ball
- make defense move to lose balance

Full Game

11 v 11 – Goals by crosses worth 2 points.

Cool Down

Set moves from corners