

Thank you for registering your child for Fall Fundamentals soccer with Sporting Nebraska FC.

PROGRAM DATES:

The season will start Sept. 10th

FUNDamentals will play on: Sept. 10th, 17th, 24th, Oct. 1st, 8th, & 15th

PROGRAM TIMES:

BOYS play each Sundays from 3-3:45pm

GIRLS play each Sundays from 4-4:45pm

INFORMATION:

Our FUNdamentals program will be a 6-week program that meets on Sundays at the Jewish Community Center (JCC). The location is on 132nd street, south of Dodge. **Soccer fields are located on the EAST side of the campus.**

Sessions will follow the same format: Group Warm Up, Small Group Activities & 1v1 or small sided games

****Note****

- (1) Sporting Omaha is now using **PlayMetrics** for all team communication and notifications. (2) Include all contacts that the coach would need to communicate with regarding your player. This includes parents, step-parents, grandparents, etc.
- (3) Add the free app to your phone
- (4) Click on our crest of the top left of your phone: under Accounts, you can customize your notifications for email & texts.

UNIFORMS:

The players will receive a t-shirt on their first day of FUNdamentals to be worn each week. Shin guards are required and can be found at any local sporting goods store. They do sell shin guards built into soccer socks.

Please have your player wear comfortable athletic shorts or pants. Either cleats or running shoes are fine.

Soccer balls of size 3 are appropriate for this age.

Thank you all for your support and we will see you soon. Please contact me with your questions.

Christina Lewis, Youth Director

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