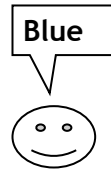


**Topic****Dribble to Corners**

◇ Area: 20x20

**Organization:**

The whole group is positioned in a grid 20 yards x 20 yards. Four corners are marked off with cones and designated with colors or numbers one through four.

Each player has a ball and dribbles around the inside of the grid. Players must avoid each other. When the coach calls out a color or number, the players must then dribble the ball quickly to the corner selected while avoiding other players. First player into the corner wins a point.

Divide players into pairs, with one ball each.

Players alternate dribbling the ball towards each other. At the mid-point of the grid, players' turn and dribble back to their starting positions.

Players should accelerate after turning.

**Emphasize the following coaching points:**

- Maintain control over the ball at all times.
- Use a change of speed and direction.
- Keep your head up and scan the field.